### Dr. Vaid Nikhilesh R.

Address:

Ground Floor,
New Blue Gardenia Housing
Society,
Peddar Road,

Opp. Jindal Mansion, Mumbai - 400 026

India

Phone: +91 22 23515140 Mobile: +91 98206 44 222 E-Mail: orthonik@gmail.com

Website: only-orthodontics.com

### **VISION AND MISSION**

## POSITIONS AND HONOURS

### **RESUME**



EXECUTIVE COMMITTEE MEMBER:
WORLD FEDERATION OF ORTHODONTISTS (2015-20)
PRESIDENT:

ASIAN PACIFIC ORTHODONTIC SOCIETY (2014-16) PRESIDENT:

**INDIAN ORTHODONTIC SOCIETY (2014-15)** 

**EDITOR IN CHIEF:** 

APOS TRENDS IN ORTHODONTICS
(Journal of the Asian Pacific Orthodontic Society)
MEMBER, ADVISORY BOARD:
WORLD IMPLANT ORTHODONTIC ASSOCIATION

- To work towards creating a proactive environment of global fraternal interaction in orthodontics, through proactive contribution to administrative, scientific, educational and research activities.
- Aspire through teamwork to create a united world of orthodontic excellence that fulfills responsibilities towards society in general and our patients in particular.
- Consultant Orthodontist
  - Breach Candy Hospital, Mumbai, India
- Professor
  - YMT Dental College and Hospital, Mumbai, India
- Director
  - Only Orthodontics, Mumbai, India
- President Elect
  - Indian Orthodontic Society (2013 14)
- Vice President, Indian Orthodontic Society (2011–12)
- Founder Editor, IOS Times (2008–11)
- Joint Editor, Journal of Indian Orthodontic Society (2002– 06)
- Executive Committee Member, Indian Orthodontic Society (2007–2012)

### POSITIONS AND HONOURS

- Served on the Indian Orthodontic Society's Constitution Committee, Public Awareness Committee, Members' Directory Committee, Evidence Based Orthodontics Advisory Board, Legal Council Sub-committee, and Political Actions Committee
- Founder Trustee, IOS Research Foundation 2012
- Founder Director of IOS Council of Scientific Affairs 2014
- Best Clinical Paper Award, IOS Annual Conference, 2001 & 2008
- Best Research Paper Award, IOS Annual Conference, 2000 & 2002
- Guided/Co Authored 6 award winning Paper Presentations at National and International Orthodontic Forums
- Founder Editor of The Journal and News Letter of the Asian Pacific Orthodontic Society (APOS) and Chief Editor of the same (2010 onwards)
- Executive Committee Member, APOS representing IOS since 2013
- Member, WFO IOC London 2015 Scientific World Village Day Coordination Committee for the APOS and the IOS
- Chairperson, IOS Golden Jubilee planning committee 2015
- International Member, American Association of Orthodontists
- Fellow, World Federation of Orthodontists

#### ADMINISTRATIVE MERITS

- Convener: Global Orthodontic Editor's Meet at the 50th IOC, Hyderabad, India
- Chairman: Ortho Surge 2015 and 2014, International Annual Symposium featuring global luminaries in Orthodontics, organized by IOS in Mumbai, India
- Chairman: Ortho Synergy, International Symposium on Interdisciplinary Orthodontics, 2013
- Initiated a curriculum and organized 7 Symposiums on Practice Management and Ethical Marketing for Post Graduate Students and Practicing Orthodontists in India, as the Scientific Chair, from 2012 -2014
- Chairman, Publications: 8th APOC 2012, New Delhi, India
- Core Committee Member: WIOC 2016, Goa, India
- Chairman IOS Mid Year Convention held in collaboration with AOS, Singapore, 2011
- Chairman: IOS Times 1st International Symposium, Mumbai 2010
- Organizing Secretary: IOS Mid Year Convention held in collaboration with HKSO and MaAO in Hong Kong and Macao, 2010

### **ADMINISTRIVE MERITS**

# EDUCATIONAL BACKGROUND AND ACADEMIC MERITS

- Chairman & Faculty of the 1st International CAD CAM Aligner Symposium in India in Oct 2010
- Scientific Chair: IOS Mid Year Convention held in Bangkok, Thailand, 2009
- Organizing committee member of the 6th IOS PG student convention, Mysore 2002 and 43th IOC Mumbai
- Organizing Secretary of Youth Festival (Occlusion) attended by 1200+ delegates in 1994, 1995 and 1997, Pune, India
- President: State Branch (Nehru Bal Sangh) An organization working for World Peace and National Integration, May 1991-1994

- Master of Dental Surgery (Orthodontics), 1999
  J.S.S. Dental College & Hospital, Mysore, India.
  Won the Chancellor's Medal for the highest marks in the University (Rajiv Gandhi University of Health Sciences)
- Bachelor of Dental Surgery, 1993, Bharati Vidyapeeth's Dental College & Hospital, Pune, India.
   Won the Gold Medal for highest marks in Oral and Maxillofacial Surgery and a University Hall of Merit Rank.

### **PODIUMS AND LECTURES**

- Invited Guest Speaker at the AAO Annual Congress, San Francisco, 2015
- Invited Guest Speaker at the IOC, London, 2015 at the World Village Day – APOS
- Invited Key Note Speaker at the 9<sup>th</sup> APOC 2014, Kuching, Malaysia
- Invited Guest Speaker at the APOF, Wenzhou, China, 2014
- Presented an Oral Research Lecture at the AAO, New Orleans, 2014
- Invited Guest Speaker at the AAO, Philadelphia, 2013
- Faculty for the University of Connecticut International Symposium, 2013 – 2014
- Invited Guest Faculty at the Case Western Reserve University, USA, 2013

### **PODIUMS AND LECTURES**

- Invited Guest Faculty at Annual Conferences of APO (Philippines), AOS (Singapore), BOS (Bangladesh), SLOS (Sri Lanka), University of Lebanon, JOS (Jordan), MAO (Malaysia), IKORTI (Indonesia), SASO (South African Association of Orthodontists)
- Invited Guest Speaker at the 8<sup>th</sup> APOC, New Delhi, India, 2012
- Selected to present a paper at the WFO, Sydney, 2012
- Lectured and Conducted Full day courses for Orthodontists at different Universities and venues in 31 countries across Central and East Asia, Africa, Middle East and the Asia Pacific.
- A total of 119 Invitational Orthodontic Lectures and 17 at Inter-Disciplinary specialist podiums
- Lectured as a Guest Speaker/Key Note Speaker at the Indian Orthodontic Conference (10 times) and the Annual IOS Post Graduate Resident Convention (5 times)

### **PUBLICATIONS**

- EDITORIAL: "Power corrupts: Power point corrupts absolutely-Part 2." APOS Trends in Orthodontics 5.5 (2015): 171
- EDITORIAL: "Power corrupts: PowerPoint corrupts absolutely!: Part 1."APOS Trends in Orthodontics 5.4 (2015): 125.
- "Plaque accumulation and Streptococcus mutans levels around self-ligating bracket clips and elastomeric modules: A randomized controlled trial." APOS Trends in Orthodontics 5.3 (2015): 97.
- "Incognito™ lite lingual orthodontic appliance: Enhancing the scope of targeted mechanics with customized computer-aided design/computer-aided manufacturing therapy." APOS Trends in Orthodontics 5.3 (2015): 120.
- EDITORIAL: "Products, Procedures... or a Pipe Dream? A Reality Check on the Game called" Accelerated Orthodontics"!." APOS Trends in Orthodontics5.2 (2015): 53.
- "Leadership: A virtue that orthodontic professionals need to posses." APOS Trends in Orthodontics 5.1 (2015): 1
- EDITORIAL: "Undergraduate orthodontic education: Is there a slip between the cup and the lip?." APOS Trends in Orthodontics 5.3 (2015): 91
- EDITORIAL: "Spot on orthodontics! Pun intended: The impact of white spot lesions on 21 st century orthodontics." APOS Trends in Orthodontics 4.6 (2014): 148.

### **PUBLICATIONS**

- A Traction Arch for Impacted Mandibular Canines and Premolars, Journal of Clinical Orthodontics, 2014
- Class II treatment with functional appliances: A metaanalysis of short-term treatment effects. "Seminars in Orthodontics. Vol. 20. No. 4. WB Saunders, 2014
- EDITORIAL: "We're going to that next conference! How do we go about networking there?" APOS Trends in Orthodontics, Year 2014, Volume 4, Issue 5
- EDITORIAL: "Excited about the next conference? Five reasons you should be!" APOS Trends in Orthodontics, Year 2014, Volume 4, Issue 4
- EDITORIAL: "Is all well with orthodontic care in the private sector?" APOS Trends in Orthodontics, Year 2014, Volume 4, Issue 3
- EDITORIAL: "Orthodontics in the "Conceptual Age" from left to the right" APOS Trends in Orthodontics, Year 2014, Volume 4, Issue 2
- EDITORIAL: "Application of evidence in teaching and clinical protocols" APOS Trends in Orthodontics, Year 2014, Volume 4, Issue 1
- EDITORIAL: "Yes we can!" APOS Trends in Orthodontics, Year 2013, Volume 3, Issue 6
- EDITORIAL: What can my Professional Organization give me? APOS Trends in Orthodontics, Year 2013, Volume 3, Issue 5
- APOS Trends Interview with Jay Bowman -2011
- Aligners: A Contemporary Perspective, Philippine Journal of Orthodontics 2011
- JIOS Interview with Jay Bowman in JIOS –Oct 2011 edition
- "Plicae Palatinae Transversae"- published in APOS Trends in Orthodontics, Vol. 1 No. 2, November 2010
- "Heavy Metal to Plastic Jazz-CAD CAM Aligners" published in Dental Practice-Aug 2010.
- Clinical paper titled 'The horse shoe appliance effective & easy 'published in the Journal of Philippines Orthodontic Association, 2010
- Scientific paper titled, 'THE BOLD & THE BEAUTIFUL'- The influence of dental malocclusion & orthodontic problems on 'Social Phobia (Shyness) '&' Self – Esteem' published in Journal of Indian Orthodontic Society, 2010
- Research article titled 'Shyness, Self Esteem, Dental Disharmony & Orthodontic Treatment' published in the journal of Clinical Psychology
- Clinical paper titled 'The horse shoe appliance an effective method for early corrections of CL III malocclusion 'published in the Journal of Indian Orthodontic Society, Vol. 35 (IV Oct - Dec.) pg. 156 - 159; 2002

## Research Paper titled 'Force Degradation of Intra **PUBLICATIONS** oral Latex Elastics – An in vitro study' published in the Journal of Indian Orthodontic Society, Vol. 33 (II & III April - Sept.) pg. 18; 2000 A total of 31 peer reviewed articles in National and International Journals. **PASSIONS** Passionate about Orthodontics, Modern Indian Art, Golf, Cruising, Travelling, Single Malts and Friendship